Thomas Pray

Alexandria, VA
(240) 682-5088
thomas.pray91@gmail.com

Work Experience

The Hill

Manager, Streaming & Digital Video — February 2026 - Current

- Oversee daily operations of The Hill's digital video and livestreaming.
- Manage team of video producers and editors: assign daily tasks, provide contructive feedback, mentoring and skill development.
- Work alongside YouTube Manager to develop, evolve and execute YouTube and social media video strategy.
- Analyze and refine video workflows, identifying opportunities to streamline processes and increase overall efficiency.
- Hone and execute livestreaming strategy: design stream layout, program live scenes using Open Broadcaster Software (OBS).
- Technical direct The Hill's live election coverage using OBS and RODECaster audio mixing board.
- Work with YouTube manager to examine YouTube analytics and determine key metrics for video content in order to tailor YouTube strategy.
- Document and catalogue standard workflow and operating procedures for employee reference and new hire training.

Senior Producer, Digital Video — March 2018 - February 2026

- Produce and edit engaging short- and long-form content using Adobe Creative Suite, driving engagement across The Hill's website and YouTube channel, which receive nearly one million daily views.
- Create vertical videos for social media platforms (5M combined followers). Use Photoshop to create eye-catching thumbnails.
- Use Open Broadcaster Software (OBS) and TVU to route, produce and manage livestreams for The Hill's website, YouTube channel, and Free Ad-Supported Television (FAST) channel, which garners roughly 200,000 daily views.
- Trained in WordPress website management system, and in SEO for headlines and video titles using Google Trends.
- Collaborate with a small team, organizing and distributing projects, pitching video ideas, and providing constructive feedback.
- Create documentation for standardized editing and workflow practices. Use Adobe After Effects to create Motion Graphics Template files (.mogrt) to ensure consistency in style across all editors and projects while increasing overall workflow efficiency.
- Keep projects archived and organized in The Hill and Nexstar's shared content storage systems.

PSAV

Audiovisual Technician — February 2017 - March 2018

- Worked as part of a team to set up and operate audio-visual equipment for corporate events, including stages, podiums and microphones, projectors and screens, lighting and speakers - all with a clean and professional look.
- Operated cameras, lighting boards, and audio mixing boards for live events, troubleshooting issues quickly.
- Built and maintained strong relationships with clients, fostering repeat business and referrals.

Senate Democratic Media Center

Video Editor; Production Assistant — August 2016 - December 2016

- Edited video from Senate hearings, speeches, and interviews using Avid Media Composer while ensuring high-quality content.
- Created dynamic graphics and animations using Adobe After Effects and Illustrator to enhance video projects.
- Collaborated directly with Senators and their staff to produce specialized video projects. Used Pro Tools to correct bad audio.
- Attended emergency preparedness classes and learned the basics of how to react to and recover from emergency situations.

Sports Entertainment Network

Videographer; Video Editor — January 2016 - August 2016

- Filmed and edited sporting events, creating highlight packages using Adobe Premiere for news and entertainment purposes.
- Shot live sports broadcasts, adhering to producer instructions via earpiece to ensure consistent quality and event coverage.

Skills

- **Video Editing**: Skilled in Adobe Premiere, Avid Media Composer, Final Cut Pro; proficient in Adobe After Effects, Illustrator and Photoshop for motion graphics and text animations.
- **Audio Production**: Accomplished in Avid Pro Tools, Studio One, GarageBand, Ableton Live; adept with multiple instruments and capable of creating original music for video projects. Skilled in audio engineering, editing and sound design.
- **Camera Operation**: Proficient in both field and studio camera use, with a strong eye for visual storytelling.
- **Microsoft Office**: Skilled in writing for media and research purposes. Knowledgeable in all Microsoft Office programs.

Education

Salisbury University, 2013
Bachelor of Communications, Media Production; Music Minor
Charles R. Fulton School of Liberal Arts

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