# **Thomas Pray**

# **Work Experience**

#### The Hill

Senior Producer

- Produce and edit compelling short- and long-form video content using Adobe Creative Suite, driving engagement across The Hill's website and YouTube channel, which receive nearly one million daily views.
- Create vertical videos for The Hill's multiple social media platforms (five million combined followers). Utilize Adobe Photoshop to create eye-catching thumbnails that bolster audience engagement.
- Operate audio mixing boards for The Hill's live-to-tape studio shows 'Rising' and 'Daily Debrief.'
- Use Open Broadcaster Software (OBS) and TVU to route and manage livestreams for The Hill's website and YouTube channel, and to program and produce live content for The Hill's Free Ad-Supported Television (FAST) channel, which streams on Roku, Plex, Vizio, and LG and garners roughly 200,000 daily views.
- Trained in WordPress website management system, and in SEO for headlines and video titles using Google Trends.
- Collaborate with a small video production team, organizing and distributing projects, pitching video ideas, and providing constructive feedback to ensure high-quality content with low turnaround times.
- Create documentation for standardized editing and workflow practices. Use Adobe After Effects to produce Motion Graphics Template files (.mogrt) to ensure consistency in style across all editors and projects and increase overall workflow efficiency.
- Keep projects archived and organized in The Hill and Nexstar's shared content storage systems.

# **PSAV**

Audiovisual Technician

- Worked as part of a team to set up and operate audio-visual equipment for corporate events, including stages, podiums and microphones, projectors and screens, lighting and speakers - all with a clean and professional look.
- Operated cameras, lighting boards, and mixing boards for live events, troubleshooting issues quickly to minimize downtime.
- Built and maintained strong relationships with clients, fostering repeat business and referrals.

# Senate Democratic Media Center

Video Editor, Production Assistant

- Edited video from Senate hearings, speeches, and interviews using Avid Media Composer while ensuring high-quality content.
- Created dynamic graphics and animations using Adobe After Effects and Illustrator to enhance video projects.
- Collaborated directly with Senators and their staff to produce specialized video projects. Used Pro Tools to correct bad audio.
- Attended emergency preparedness classes and learned the basics of how to react to and recover from emergency situations.

# **Sports Entertainment Network**

Videographer, Video Editor

- Filmed and edited sporting events, creating highlight packages using Adobe Premiere for news and entertainment purposes.
- Shot live sports broadcasts, adhering to producer instructions via earpiece to ensure consistent quality and event coverage.

# **U.S. House of Representatives**

Intern

- Assisted legislative assistants with research and compiled important documents and reports, and assisted with bill markups.
- Managed constituent communications, including sorting and responding to emails, and giving informative U.S. Capitol tours.
- Supported the communications director in drafting press releases and maintaining the Congressman's digital presence.

# Skills

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- Video Editing: Skilled in Adobe Premiere, Avid Media Composer, Final Cut Pro; proficient in Adobe After Effects, Illustrator and Photoshop for motion graphics and text animations.
- Audio Production: Accomplished in Avid Pro Tools, Studio One, GarageBand, Ableton Live; adept with multiple instruments and capable of creating original music for video projects. Skilled in audio editing and sound design.
- Camera Operation: Proficient in both field and studio camera use, with a strong eye for visual storytelling.
- Microsoft Office: Skilled in writing for both media and research purposes. Knowledgeable in all Microsoft Office programs, including Word, Excel, and PowerPoint.

# Education

Salisbury University, 2013 Bachelor of Communications, Media Production, Minor in Music Charles R. Fulton School of Liberal Arts

August 2016 - December 2016

# January 2016 - August 2016

#### September 2015 - May 2016

# February 2017 - March 2018

March 2018 - Current